

# Support Our Local Troops Overseas



## Operation Touch of Home

Imagine going on a long, harsh trip in which the bare necessities are considered luxuries.

This is the situation that our American Troops stationed overseas are experiencing. Operation Touch of Home is collecting items to send to local Troops serving overseas. Please remember that these Troops, who in the name of America, are under fire in foreign lands, could use our support and would greatly appreciate any help that we can offer.

The following is a list of suggested individual items that our Troops overseas would appreciate:

### Food/ Drink

Individual Powdered Drink Mix  
Instant Coffee  
Beef Jerky/Sticks  
Candy/Gum  
Cookies  
Microwave Meals  
Protein Bars/ Trail Mix  
Tuna/Chicken Snack Kits  
Pretzels  
Cup of Soup/ Noodles  
Almonds/ Cashews/ Peanuts  
Granola Bars  
Fruit Snacks/ Raisins  
Rice Krispie Treats  
Peanut Butter to go Cups  
Pudding  
Instant Oatmeal  
Poprocks  
Canned Meats  
Mac & Cheese  
Crackers  
Pasta Bowls  
Cracker Jacks

### Hygiene

Baby Wipes  
Washcloths/ Towels  
Lip Balm/ Chapstick  
After Bite  
Deodorant  
Eye Drops  
Powder/ Foot Powder  
Breath Strips  
Q-tips  
Razors  
Tylenol/Advil  
Antacids/Gas Relief  
Cough Drops  
Cold Medicine  
Desitin/ A&D Cream  
Facial Care Items  
Dental Floss / Picks  
Pocket Pack Tissues  
Soap/ Body Wash  
Hand Sanitizer  
Shampoo  
Lotion  
Boogie Wipes

Moist Wipes/ Wet Ones  
Shave Cream  
Toothpaste/ Brush  
Anti - Diarrheal/ Laxative  
Pepto Bismol  
First Aid Kits  
Anti Itch Cream  
Nail Care Kits  
Patch Pain Relief  
Nasal Spray  
Tampons  
Band Aids

### OTHER ITEMS

Blank CDs  
DVDS  
Puzzle Books  
Nerf Toys  
Frisbees  
Balloons  
Zip Lock Bags  
Batteries - AA or AAA  
Fly Swatters/ Traps  
Dust Cloths  
Cards - Thank you/ Greeting

Oven Mitts  
Candles  
Coffee Filters  
Sunscreen  
Socks(colored)  
Skin So Soft  
Air Fresheners  
Flip Flops  
Lysol Wipes  
Silly String  
Flashlights  
Water Guns  
Pens  
Small Notebooks  
Cooling Towel  
Sewing Kits  
Ear Plugs  
Yo-Yos  
Headbands  
Phone Chargers  
Dice/Cards  
Glow Stick  
Holiday Items  
Balls

### **NO GLASS CONTAINERS, PLEASE**

Thank You from Operation Touch of Home - A non profit, all volunteer group dedicated to our American fighting men and women serving in harm's way.

Call for more information : (570) 236-9695 or (570) 269-4314

